

Aaron K. Ruter DPM

AACFAS, FAENS

CURRENT POSITION:

- **Foot and Ankle Surgeon with Lake Shore Bone and Joint Institute**
 - Specializing in reconstruction of the foot and ankle
 - Currently operating through:
 - Saint Anthony's Hospital, Crown Point IN
 - Franciscan Point Surgery Center, Crown Point IN
 - Faculty member of the American Extremity Nerve Surgeons

EDUCATION:

- **Indiana Foot and Ankle Fellowship** **Jasper IN, 2016 – 2017**
 - Under the direction of Dr. Andrew Rader
 - A one-year surgical fellowship specializing in charcot neuroarthropathy reconstruction, skin flaps and grafts, and peripheral nerve surgery
 - Training Institutions:
 - Indiana Foot and Ankle, Jasper IN
 - Memorial Hospital, Jasper IN
 - Riverview Surgical Center, Rockport IN
 - Memorial Hospital Wound Care Center, Huntingburg IN
- **Midwestern University – Franciscan Alliance Residency Program with added credentialing in Reconstructive Rearfoot/Ankle Surgery** **Dyer IN, 2013-2016**
 - Chief Podiatric Resident PMSR/RRA
 - A three-year surgical residency specializing in reconstruction of deformities, external fixation, trauma and wound care
 - Training Institutions:
 - Franciscan Saint Margaret Health, Dyer and Hammond IN
 - Franciscan Physicians Hospital, Munster IN
 - Franciscan Saint James Health, Chicago Heights and Olympia Fields IL
 - Franciscan Saint Anthony Health and Franciscan Point, Crown Point IN
 - Cases Available upon request
- **Kent State College of Podiatric Medicine** **Independence OH, 2009-2013**
 - Recipient of Dr. Marvin W. Shapiro Operative Podiatry Award
 - For outstanding proficiency in operative podiatry
 - Recipient of Chi Hsueh U. Chu Ph.D. Memorial Award
 - Outstanding student in Gross Anatomy
- **Saint Joseph's College** **Rensselaer IN, 2004-2009**
 - Bachelors of Science: Major in Biology
 - Double Minor in Chemistry and Psychology

NATIONAL BOARD EXAMINATIONS:

- Board Qualified in ABFAS
 - First time pass on all four sections
- NPBME Part I, II, III
 - First time pass on all above examinations

LICENSURE:

- Indiana Podiatric Medical License

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EDUCATIONAL SEMINARS AND SPECIALTY TRAINING:

- Advanced AENS course lecturer and faculty
 - Kennebunkport, ME 2019
- Midwest Podiatry Conference lecturer on “Neurectomy techniques” as well as guiding in lab
 - Chicago, IL 2018
- Advanced lower limb salvage techniques
 - New Orleans, LA 2018
- SEAL External fixator beginner course
 - Allentown, PA 2017
- ACFAS annual conference
 - Las Vegas, NV 2017
- SEAL External fixator advanced course
 - Miami, FL 2016
- AENS basic course with cadaver training for diabetic nerve releases
 - Scottsdale, AZ 2016
- Chicago Lower Extremity Surgical Symposium November 2014
 - Course and lectures of complex lower extremity reconstruction and correction
 - Orthopaedic Learning Center, Rosemont IL
- Arthrex cadaver workshop, October 2014
 - Surgical workshop with emphasis on Achilles tendon repair and pes planus reconstruction
 - Arthrex Chicago headquarter, Chicago IL
- Lower Extremity External Fixation Fundamentals Basic Course, November 2013
 - Hands on training for basic application and principles of Ilizarov external fixators and mini rail external fixators
 - Orthopaedic Learning Center, Rosemont IL
- Wright Medical cadaver RV 2013-present
 - Annual cadaver workshop focusing on surgical techniques
 - Hammond Clinic, Hammond IN
- Weekly Radiology Review 2013 – present
 - Medical Specialists, Munster IN
- Monthly Journal Club 2013 – present
 - Hammond Clinic, Hammond IN
- AAPPM Boot-camp 2011
- OPMSA/AAWP Fall Symposium, 2011
- Rear-foot Injuries and Management by Dr. Canales, 2010
- Sports Injuries and Management by Dr. Mendeszoon, 2010

LECTURES:

- Stroke: Before Inpatient Rehabilitation
 - Saint Margaret Mercy Rehabilitation Institute, Dyer IN 2014
- Osteomyelitis in the presence of Charcot Neuroarthropathy
 - Medical Specialists, Munster IN 2014
- Singh Index
 - Hammond Clinic, Hammond IN 2014
- Gas Gangrene: Identification, Workup and Treatment
 - Hammond Clinic, Hammond IN 2013
- Crush Injury: Recognition and Treatment

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- Hammond Clinic, Hammond IN 2013
- Tendon Pathology
 - Medical Specialists, Munster IN 2013
- Below Knee Amputations: Functional Outcomes and Latest Prosthetics
 - St. Vincent Radiology Review, Cleveland OH, 2012

PROFESSIONAL MEMBERSHIPS:

- The Association of Extremity Nerve Surgeons, 2015-Present
- American Society of Podiatric Surgeons, 2011-Present
- American Academy of Podiatric Practice Management, 2009-Present
- American Podiatric Medical Student Association, 2009-Present
- American College of Foot and Ankle Surgery, 2009-Present
- Kappa Theta Epsilon Fraternity, 2009-Present

TEACHING EXPERIENCE:

- **Gross Anatomy and Lower Anatomy Teaching Assistant and Tutor, 2010-2013**
 - Provide dissection assistance to students during laboratory and aides students with the didactic portion of the class in one-on-one and group settings.
- **Microbiology Teaching Assistant and Tutor, 2010-2013**
 - Set up pertinent materials and provide students with assistance in laboratory.
 - Provides students with additional help for the didactic portion of the class.
- **Comparative Vertebrate Anatomy Teaching Assistant and Tutor, 2007-2009**
 - Provided assistance to students during dissections as well as the didactic portion of the class.
 - Taught the assigned material for class when the professor was absent.

LEADERSHIP:

- **Head Anatomy Teaching Assistant, 2011-2013**
 - Assisted professors with organization within the laboratory as well as the scheduling of the other teachers assistants. Performed educational videos pertaining to both gross anatomy and lower anatomy for students to view as needed. Perform weekly prosections prior to students entering laboratory assignments.
- **Vice President of the American Academy of Podiatric Practicing Management, 2010-2013**
 - Assists the President in organization and scheduling of approved events.
- **Treasurer of the American Society of Podiatric Surgeons, 2011-2013**
 - Responsibilities include budgeting and balancing of club funds.
- **Captain of the Track and Field Team, 2005-2009**
 - Assisted Coaches and Staff in team activities along with being an example for the incoming classes.
 - 8 time Academic All American

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- 7 time National qualifier in Hammer, Discus and Indoor Weight Throw

CURRENT RESEARCH:

- Accufill with immediate intervention for the correction of acute Charcot Neuroarthropathy N=16
- Sensory Loss Characteristics in Diabetic Peripheral Neuropathy, IRB monitored, Data collection complete, N=1195.
- Management of Acute Charcot Neuroarthropathy, A Case Series utilizing Accufill and External Fixation Techniques, IRB monitored, Data collection complete, N = 14.

RESEARCH:

- Bacterial Susceptibility to Wound Care Dressings, September 2011-2013

CERTIFICATIONS:

- Cardiopulmonary Resuscitation, June 2019
- Advanced Cardiac Life Support, June 2019

REFERENCES:

- Available upon request